

PROBA ORALĂ DE VERIFICARE A CUNOȘTINȚELOR LA LIMBA  
ENGLEZĂ PENTRU ADMITEREA LA CLASA a X-a

Bilet nr. 1

PART 1

What's the most valuable lesson you've learned in life?

PART 2

Read the text below and answer the questions:

Learning is a lifelong process that shapes our understanding of the world and our place in it. From infancy through adulthood, our experiences and the knowledge we acquire help us to develop our skills, form relationships, and contribute to society. Learning does not stop when formal education ends; it continues as we navigate the challenges and opportunities life presents. The methods by which we learn can vary greatly, including formal education, personal experiences, and interactions with others. Moreover, the digital age has opened up new avenues for learning, such as online courses, podcasts, and social media platforms. These resources provide people with unprecedented access to information and allow for learning at their own pace, anytime and anywhere. Yet, despite these advancements, the essence of learning remains the same: it is the foundation upon which we build our lives, enabling us to grow, adapt, and thrive.

1. How has the digital age impacted the way people learn?
2. What are some different methods of learning mentioned in the text?
3. In what ways can learning continue after formal education ends?

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Bilet nr. 2

PART 1

What is the most challenging decision you've ever had to make?

PART 2

Read the text below and answer the questions:

Decision-making is a critical skill that we use every day, often without even realizing it. Whether we are choosing what to have for breakfast or deciding on a major life change, the ability to make decisions efficiently and effectively is vital. The decision-making process can be influenced by various factors, including our emotions, experiences, and the amount of information available. In some cases, people rely on intuition or 'gut feelings', while in others, they might conduct thorough research and analysis. Understanding how we make decisions can help us improve this skill and make choices that align better with our goals and values.

1. What factors can influence the decision-making process?
2. How do people make decisions when faced with complex choices?
3. Why is it important to understand the decision-making process?

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Bilet nr. 3

PART 1

What's your favorite way to relax after a stressful day?

PART 2

Read the text below and answer the questions:

Stress management is an essential aspect of maintaining overall well-being. In today's fast-paced world, stress is an almost unavoidable part of life, but how we manage it can make a significant difference in our health and happiness. Common strategies for reducing stress include physical activities like exercise, relaxation techniques such as meditation, and hobbies that provide a sense of fulfillment and joy. In addition, spending time with loved ones or simply enjoying nature can have a calming effect. It's crucial to find a balance between work and relaxation to prevent burnout and ensure long-term mental and physical health.

1. Why is stress management important?
2. What are some common strategies to reduce stress?
3. How can finding a balance between work and relaxation impact health?

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Bilet nr. 4

PART 1

What's the most interesting place you've ever visited?

PART 2

Read the text below and answer the questions:

Traveling is one of the most enriching experiences a person can have. It allows individuals to explore new cultures, cuisines, and landscapes, broadening their perspectives and understanding of the world. Travel can be a form of education, offering insights into history, art, and architecture. It also provides opportunities to connect with people from different backgrounds and to experience the diversity that our world has to offer. While travel can be a source of relaxation and adventure, it can also foster personal growth and self-discovery.

1. How can travel broaden a person's perspective?
2. What are some educational benefits of traveling?
3. In what ways can travel lead to personal growth?

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Bilet nr. 5

PART 1

Describe a time when you helped someone in need.

PART 2

Read the text below and answer the questions:

Acts of kindness and helping others are not only beneficial to the recipients but also have a positive impact on those who perform them. Research shows that when we help others, we experience a sense of satisfaction and happiness. This phenomenon, often referred to as the 'helper's high', is believed to be linked to the release of endorphins, which are the brain's natural feel-good chemicals. Additionally, helping others can strengthen social bonds and create a sense of community. Whether it's through volunteering, donating to charity, or simply offering support to a friend, acts of kindness contribute to our overall well-being.

1. What is the 'helper's high'?
2. How can helping others impact social relationships?
3. Why are acts of kindness important for personal well-being?

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Bilet nr. 6

PART 1

Who is someone you admire and why?

PART 2

Read the text below and answer the questions:

Role models play a significant role in shaping our values, beliefs, and behaviors. A role model is someone we look up to, who inspires us to strive for greatness and encourages us to develop our potential. They can be family members, teachers, public figures, or even fictional characters. The influence of a role model can be profound, as they provide a blueprint for success and personal growth. However, it's important to choose role models wisely, as the qualities they exhibit can have a lasting impact on our life choices and actions.

1. What is the impact of having a role model?
2. Who can be considered a role model?
3. Why is it important to choose role models carefully?

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Bilet nr. 7

PART 1

What's your favorite type of art and why?

PART 2

Read the text below and answer the questions:

Art has been a fundamental part of human culture for thousands of years. It serves as a medium for expression, communication, and reflection. Art comes in many forms, including painting, sculpture, music, dance, and literature, each offering a unique way to convey emotions, ideas, and cultural values. Through art, people can explore the complexities of human experience, challenge societal norms, and inspire change. Furthermore, engaging with art, whether by creating or appreciating it, can have therapeutic benefits, reducing stress and promoting mental well-being.

1. What roles does art play in human culture?
2. What are some forms of art mentioned in the text?
3. How can engaging with art benefit mental well-being?

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Bilet nr. 8

PART 1

What's one skill you would like to learn or improve?

PART 2

Read the text below and answer the questions:

Lifelong learning is the ongoing, voluntary pursuit of knowledge for personal or professional reasons. It enhances social inclusion, active citizenship, and personal development, as well as self-sustainability, competitiveness, and employability. In today's rapidly changing world, the ability to learn and adapt is more important than ever. Learning new skills can open up opportunities for career advancement, personal growth, and improved quality of life. Whether it's learning a new language, mastering a musical instrument, or acquiring technical skills, lifelong learning keeps the mind active and engaged.

1. What is lifelong learning?
2. How does lifelong learning benefit individuals?
3. Why is the ability to learn and adapt important in today's world?

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Bilet nr. 9

PART 1

What do you think is the most significant technological advancement in recent years?

PART 2

Read the text below and answer the questions:

Technology has revolutionized the way we live, work, and communicate. In recent years, advancements such as artificial intelligence, renewable energy technologies, and advanced medical devices have had a profound impact on society. These technologies have improved efficiency, enhanced our quality of life, and opened up new possibilities for the future. However, they also raise important ethical and societal questions, such as data privacy, environmental impact, and the implications of automation on the workforce. As technology continues to evolve, it is crucial to address these challenges while maximizing the benefits that innovation brings.

1. What are some recent technological advancements mentioned in the text?
2. How have these advancements impacted society?
3. What challenges do these technologies present?